

# Menus for February



## 2024 Delta Program

Lunch - \$3.00 Breakfast - Free!

Entree - \$2.25 Side - \$.85/\$1.25 Milk - \$.70

### Free Breakfast

available in the school cafeteria at the start of the day

#### Choose 1 Entree

Bagels Breads Cinnamon Rolls Coffee Cake Muffins  
Whole Grain Poptarts Assorted Cereal Protein Boxes

#### Choose 1 Fruit & 1 Juice

Apples Bananas Craisins 100% Juice

#### Choose 1 Milk

Low Fat White or Fat Free Chocolate

You may decline items that you do not want but must take 3 items total, one of which must be a fruit or juice.



### Grab & Go

Available Daily without Order



Smuckers PB&J Sandwich



Yogurt Parfait Hummus & Pita Chips

### Featured Entrees (and Sides)

- Thu, 2/1 - Broccoli Soup/Vegan Chili (Baked Potato)  
Fri, 2/2 - Creamy Chicken Fiesta Pasta & Breadstick  
Mon, 2/5 - Chicken Tenders & Waffles (Roasted Potatoes)  
Tue, 2/6 - General Tso's Chicken/Tofu & Rice (Broccoli)  
Wed, 2/7 - Italian Dunkers (Roasted Vegetables)  
Thu, 2/8 - Walking Taco/Black Bean Dip & Chips (Steamed Corn)  
Fri, 2/9 - Chicken Parmesan & Penne (Caesar Side Salad)  
Mon, 2/12 - Popcorn Chicken & Biscuit (Peas & Carrots)  
Tue, 2/13 - Big Daddy's Pizza (Roasted Vegetables)  
Wed, 2/14 - French Toast & Sausage/Yogurt (Hashbrowns)  
Thu, 2/15 - Macaroni & Cheese w/ Pulled Pork (Baked Beans)  
Fri, 2/16 - Chicken Quesadilla (Seasoned Black Beans)  
Mon, 2/19 - Grilled Cheese Sandwich (Tomato Soup)  
Tue, 2/20 - All Beef Hot Dog (French Fries)  
Wed, 2/21 - BBQ Chicken & Cornbread (Baked Potato)  
Thu, 2/22 - Pulled Pork Sandwich (Sweet Potato Fries)  
Fri, 2/23 - Blackened Chicken Alfredo (Roasted Broccoli)  
Mon, 2/26 - No School Today!  
Tue, 2/27 - Big Daddy's Pizza (Roasted Vegetables)  
Wed, 2/28 - Cheeseburger (French Fries)  
Thu, 2/29 - Chicken Fillet Sandwich (Baked Potato)  
Fri, 3/1 - Buffalo Chicken Dip/Black Bean Dip & Chips

Choose an entree. Complete your meal with 2 vegetables sides, a serving of fruit, and milk. Students in grades 9-12 may also choose to take 1 juice with their meal.

Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

#### Fruit & Veggie Side Dishes

Crunchy Carrots & Assorted Fresh Veggies (Daily)

Hummus (Monday) Tossed Salad (Tues-Fri)

French Fries/Sweet Potato Fries/Hashbrowns (as menued)

Baked Potatoes & Roasted Vegetables (as menued)

Whole Fruits Canned & Frozen Fruit 100% Juice

### Daily Alternate Choices

Place orders for alternate entrees by 9:30 a.m. at  
<https://www.scasd.org/ordermeals>

#### Monday

Impossible Burger  
Caesar Salad & Breadstick



#### Tuesday

Southwest Veggie Quesadilla  
Chef Salad & Breadstick



#### Wednesday

Chana Masala & Rice  
Caesar Salad & Breadstick



#### Thursday

Warm Cheese Pretzel  
Chef Salad & Breadstick



#### Friday

Vegan Chili & Corn Bread  
Southwest Salad & Corn Bread

Payments can be made online at [www.myschoolbucks.com](http://www.myschoolbucks.com) or mailed to SCASD FSD, 653 Westerly Pkwy, State College 16801. Students may also present cash or a check to any cashier for deposit. Change will not be given. Students are expected to have funds for all purchases and will not be permitted to have extra food items without available funds.